## <u>Session Five</u> April 22<sup>nd</sup>–June 15<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 22 <sup>nd</sup>	23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>	<u>26<sup>th</sup></u>	27 <sup>th</sup>
	Zumba with Betsy @LTM	<u>Boxing</u> @ TITLE	<u>Bowling</u> @Sunnyside Bowladrome	5	<u>Friday Night</u> <u>Happening</u>	<u>Saturday Activity</u>
Week 1	4:30p-5:15p <u>Yoga with Kat</u> <u>@LTM</u> 5:30p-6:15p	4:30p-5:15p <u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p	4:00p-5:30p <u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u>	<u>Cooking @ LTM</u> 5:oop-6:3op	Comedy Night @ LTM 6:oop-8:oop	Tour Of Italy @LTM 1:00p - 3:00p
		+h	6:00p-7:00p	nd	rd	*h
	29th <u>Zumba with Betsy</u> <u>@LTM</u>	30 <sup>th</sup> Boxing @ TITLE	<u>May 1<sup>st</sup></u> <u>Bowling</u> @Sunnyside	2 <sup>nd</sup>	3 <sup>rd</sup> <u>Friday Night</u> <u>Happening</u>	4 <sup>th</sup> <u>Saturday Activity</u>
Week 2	4:30p-5:15p <u>Yoga with Kat</u>	4:3op-5:15p	<u>Bowladrome</u> 4:00p-5:30p	<u>Cooking @ LTM</u> 5:oop-6:3op	Karaoke Night @ 6Southside Rd	Metro Bowl and Lunch @ Peabody, MA
	<u>@LTM</u> 5:30p-6:15p	<u>Studio Art</u> <u>@ LTM</u> 5:3op-6:3op	<u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u> 6:oop-7:oop		6:оор-8:оор	12:30P-2:30P
	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	<b>11</b> <sup>th</sup>
	Zumba with Betsy @LTM	Boxing <u> </u>	<u>Bowling</u> @Sunnyside Bowladrome	<u>Golf @ Sun N Air</u> 4:oop – 5:oop	<u>Friday Night</u> <u>Happening</u>	<u>Saturday Activity</u> Unified Dance
Week 3	4:30p-5:15p <u>Yoga with Kat</u> @LTM	4:30p-5:15p	4:00p-5:30p <u>Drums Alive</u>	<u>Cooking @ LTM</u> 5:oop-6:3op	Camp Fire Night @ 6Southside Rd	with Kim at NHPA @ Pick up and drop
	5:30p-6:15p	<u>Studio Art</u> <u>@ LTM</u> 5:3op-6:3op	<u>Fitness</u> <u>@ LTM</u> 6:oop-7:oop	<u>Rhythm Circle</u> <u>@ LTM</u> 5:3op-6:3op	6:оор-8:оор	off at LTM 10:30a-1:30p
	13 <sup>th</sup> Zumba with Betsy	14 <sup>th</sup> Boxing	15 <sup>th</sup> <u>Bowling</u>	16 <sup>th</sup> <u>Golf @ Sun N Air</u>	17 <sup>th</sup> <u>Friday Night</u> Happoning	18 <sup>th</sup> <u>Saturday Activity</u>
Week 4	<u>@LTM</u> 4:3op-5:15p <u>Yoga with Kat</u> <u>@LTM</u> 5:3op-6:15p	<u>@ TITLE</u> 4:30p-5:15p	<u>@Sunnyside</u> <u>Bowladrome</u> 4:00p-5:30p <u>Drums Alive</u> <u>Fitness</u>	4:00p – 5:00p <u>Cooking @ LTM</u> 5:00p-6:30p	<u>Happening</u> Flower Power Dance @ Boxford, Ma (Center at 10 ELM)	Richardson's @ Middleton, Ma
I	2·204-0·72h	<u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p	<u>@ LTM</u> 6:oop-7:oop	<u>Rhythm Circle</u> <u>@ LTM</u> 5:30p-6:30p	6:oop-8:oop	11:00a-1:00p

\*LTM= Center for Linking Lives at the Liberty Tree Mall

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>20th</u>	<b>21</b> <sup>st</sup>	<b>22</b> <sup>nd</sup>	<u>23<sup>rd</sup></u>	<b>24</b> <sup>th</sup>	25 <sup>th</sup>
	Zumba with Betsy	<u>Boxing</u>	<u>Bowling</u>	<u>Golf @ Sun N Air</u>	<u>Friday Night</u>	
	<u>@LTM</u>	<u>@ TITLE</u>	<u>@Sunnyside</u> Bowladrome	4:00p – 5:00p	<u>Happening</u>	
r l	4:30p-5:15p	4:30p-5:15p	4:00p-5:30p	Cooking OLTM	Life Size Board	<u>No Program</u>
ע אפא א אפא א	<u>Yoga with Kat</u>		J.J.F	Cooking @ LTM 5:00p-6:30p	Game Night	<u>Holiday</u>
	<u>@LTM</u>	Studio Art	Drums Alive	3.000 0.300	@LTM	
	5:30p-6:15p	<u>@ LTM</u>	<u>Fitness</u>	Rhythm Circle	6:oop-8:oop	
		5:3ор-6:3ор	<u>@ LTM</u> 6:oop-7:oop	<u>@ LTM</u>	0.000 0.000	
				5:3op-6:3op		
	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>	31 <sup>st</sup>	June 1 <sup>st</sup>
		Boxing	<u>Bowling</u> @Sunnyside	<u>Golf @ Sun N Air</u>	<u>Friday Night</u> <u>Happening</u>	<u>Saturday Activity</u>
		<u>@ TITLE</u>	Bowladrome	4:00p – 5:00p	nappening	NE Sportsplex
	<u>No Program</u> Holiday	4:30p-5:15p	4:00p-5:30p	Cooking @ LTM	Recess Night	@ Danvers, Ma
week o	nonuay			5:00p-6:30p	@ 6 Southside Rd	_
			<u>Drums Alive</u> <u>Fitness</u>		6:oop-8:oop	
		Studio Art	<u>(a) LTM</u>	No Rhythm Circle	erech erech	11:00a-1:00p
		<u>@ LTM</u> 5:30p-6:30p	6:00p-7:00p			
_						
	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
	Zumba with Betsy	Boxing	<u>Bowling</u> @Sunnyside	<u>Golf @ Sun N Air</u>	<u>Friday Night</u> <u>Happening</u>	Saturday Activity
	<u>@LTM</u>	<u>@ TITLE</u>	Bowladrome	4:00p – 5:00p	nappening	
	4:30p-5:15p	4:30p-5:15p	4:00p-5:30p	Cooking @ LTM	Under The Sea	Re-Create Studio
	Yoga with Kat			5:00p-6:30p	Dance	@ LTM
	<u>@LTM</u>		<u>Drums Alive</u> <u>Fitness</u>		@ Peabody YMCA	
	5:30p-6:15p	Studio Art	(a) LTM	Rhythm Circle	6:00p-8:00p	11:30a-1:30p
		<u>@ LTM</u> 5:30p-6:30p	6:00p-7:00p	<u>@ LTM</u> 5:30p-6:30p	0.000-0.000	
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	10 <sup>th</sup>	11 <sup>th</sup>	<b>12</b> <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>
	Zumba with Betsy	Boxing	Bowling Suppyside	<u>Golf @ Sun N Air</u>	Friday Night	Saturday Activity
	<u>@LTM</u>	<u>@ TITLE</u>	<u>@Sunnyside</u> Bowladrome	4:00p – 5:00p	<u>Happening</u>	
	4:30p-5:15p	4:30p-5:15p	4:00p-5:30p	Cooking @ LTM	Guided Paint	Ropes Course
				5:00p-6:30p	Night	@ Gordon
	<u>Yoga with Kat</u>	<u>Studio Art</u>	<u>Drums Alive</u> <u>Fitness</u>		@	College
	<u>@LTM</u>	<u>@ LTM</u>	<u>e LTM</u>	Rhythm Circle	LTM	
	5:30p-6:15p	5:3ор-6:3ор	6:00p-7:00p	<u>@ LTM</u>	6:oop-8:oop	11:00a-2:00p
			-	5:3ор-6:3ор		

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Week 5

Week 6

Week 7

Week 8