

Session Five

April 22nd–June 15th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	<p style="text-align: center;"><u>April 22nd</u></p> <p><u>Zumba with Betsy</u> <u>@LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat</u> <u>@LTM</u> 5:30p-6:15p</p>	<p style="text-align: center;"><u>23rd</u></p> <p><u>Boxing</u> <u>@ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>24th</u></p> <p><u>Bowling</u> <u>@Sunnyside</u> <u>Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u> 6:00p-7:00p</p>	<p style="text-align: center;"><u>25th</u></p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p>	<p style="text-align: center;"><u>26th</u></p> <p><u>Friday Night</u> <u>Happening</u></p> <p><u>Comedy Night</u> <u>@ LTM</u> 6:00p-8:00p</p>	<p style="text-align: center;"><u>27th</u></p> <p><u>Saturday Activity</u></p> <p><u>Tour Of Italy</u> <u>@LTM</u> 1:00p - 3:00p</p>
Week 2	<p style="text-align: center;"><u>29th</u></p> <p><u>Zumba with Betsy</u> <u>@LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat</u> <u>@LTM</u> 5:30p-6:15p</p>	<p style="text-align: center;"><u>30th</u></p> <p><u>Boxing</u> <u>@ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>May 1st</u></p> <p><u>Bowling</u> <u>@Sunnyside</u> <u>Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u> 6:00p-7:00p</p>	<p style="text-align: center;"><u>2nd</u></p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p>	<p style="text-align: center;"><u>3rd</u></p> <p><u>Friday Night</u> <u>Happening</u></p> <p><u>Karaoke Night</u> <u>@ 6Southside Rd</u> 6:00p-8:00p</p>	<p style="text-align: center;"><u>4th</u></p> <p><u>Saturday Activity</u></p> <p><u>Metro Bowl and</u> <u>Lunch</u> <u>@ Peabody, MA</u> 12:30P-2:30P</p>
Week 3	<p style="text-align: center;"><u>6th</u></p> <p><u>Zumba with Betsy</u> <u>@LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat</u> <u>@LTM</u> 5:30p-6:15p</p>	<p style="text-align: center;"><u>7th</u></p> <p><u>Boxing</u> <u>@ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>8th</u></p> <p><u>Bowling</u> <u>@Sunnyside</u> <u>Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u> 6:00p-7:00p</p>	<p style="text-align: center;"><u>9th</u></p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Rhythm Circle</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>10th</u></p> <p><u>Friday Night</u> <u>Happening</u></p> <p><u>Camp Fire Night</u> <u>@ 6Southside Rd</u> 6:00p-8:00p</p>	<p style="text-align: center;"><u>11th</u></p> <p><u>Saturday Activity</u></p> <p><u>Unified Dance</u> <u>with Kim at NHPA</u> <u>@</u> <u>Pick up and drop</u> <u>off at LTM</u> 10:30a-1:30p</p>
Week 4	<p style="text-align: center;"><u>13th</u></p> <p><u>Zumba with Betsy</u> <u>@LTM</u> 4:30p-5:15p</p> <p><u>Yoga with Kat</u> <u>@LTM</u> 5:30p-6:15p</p>	<p style="text-align: center;"><u>14th</u></p> <p><u>Boxing</u> <u>@ TITLE</u> 4:30p-5:15p</p> <p><u>Studio Art</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>15th</u></p> <p><u>Bowling</u> <u>@Sunnyside</u> <u>Bowladrome</u> 4:00p-5:30p</p> <p><u>Drums Alive</u> <u>Fitness</u> <u>@ LTM</u> 6:00p-7:00p</p>	<p style="text-align: center;"><u>16th</u></p> <p><u>Golf @ Sun N Air</u> 4:00p – 5:00p</p> <p><u>Cooking @ LTM</u> 5:00p-6:30p</p> <p><u>Rhythm Circle</u> <u>@ LTM</u> 5:30p-6:30p</p>	<p style="text-align: center;"><u>17th</u></p> <p><u>Friday Night</u> <u>Happening</u> <u>Flower Power</u> <u>Dance</u> <u>@</u> <u>Boxford, Ma</u> (Center at 10 ELM) 6:00p-8:00p</p>	<p style="text-align: center;"><u>18th</u></p> <p><u>Saturday Activity</u></p> <p><u>Richardson's</u> <u>@ Middleton, Ma</u> 11:00a-1:00p</p>

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 5	<u>20th</u> Zumba with Betsy @LTM 4:30p-5:15p Yoga with Kat @LTM 5:30p-6:15p	<u>21st</u> Boxing @ TITLE 4:30p-5:15p Studio Art @ LTM 5:30p-6:30p	<u>22nd</u> Bowling @Sunnyside Bowladrome 4:00p-5:30p Drums Alive Fitness @ LTM 6:00p-7:00p	<u>23rd</u> Golf @ Sun N Air 4:00p – 5:00p Cooking @ LTM 5:00p-6:30p Rhythm Circle @ LTM 5:30p-6:30p	<u>24th</u> Friday Night Happening <i>Life Size Board</i> <i>Game Night</i> @LTM 6:00p-8:00p	<u>25th</u> No Program Holiday
Week 6	<u>27th</u> No Program Holiday	<u>28th</u> Boxing @ TITLE 4:30p-5:15p Studio Art @ LTM 5:30p-6:30p	<u>29th</u> Bowling @Sunnyside Bowladrome 4:00p-5:30p Drums Alive Fitness @ LTM 6:00p-7:00p	<u>30th</u> Golf @ Sun N Air 4:00p – 5:00p Cooking @ LTM 5:00p-6:30p No Rhythm Circle	<u>31st</u> Friday Night Happening <i>Recess Night</i> @ 6 Southside Rd 6:00p-8:00p	<u>June 1st</u> Saturday Activity <i>NE Sportsplex</i> @ Danvers, Ma 11:00a-1:00p
Week 7	<u>3rd</u> Zumba with Betsy @LTM 4:30p-5:15p Yoga with Kat @LTM 5:30p-6:15p	<u>4th</u> Boxing @ TITLE 4:30p-5:15p Studio Art @ LTM 5:30p-6:30p	<u>5th</u> Bowling @Sunnyside Bowladrome 4:00p-5:30p Drums Alive Fitness @ LTM 6:00p-7:00p	<u>6th</u> Golf @ Sun N Air 4:00p – 5:00p Cooking @ LTM 5:00p-6:30p Rhythm Circle @ LTM 5:30p-6:30p	<u>7th</u> Friday Night Happening <i>Under The Sea</i> <i>Dance</i> @ Peabody YMCA 6:00p-8:00p	<u>8th</u> Saturday Activity <i>Re-Create Studio</i> @ LTM 11:30a-1:30p
Week 8	<u>10th</u> Zumba with Betsy @LTM 4:30p-5:15p Yoga with Kat @LTM 5:30p-6:15p	<u>11th</u> Boxing @ TITLE 4:30p-5:15p Studio Art @ LTM 5:30p-6:30p	<u>12th</u> Bowling @Sunnyside Bowladrome 4:00p-5:30p Drums Alive Fitness @ LTM 6:00p-7:00p	<u>13th</u> Golf @ Sun N Air 4:00p – 5:00p Cooking @ LTM 5:00p-6:30p Rhythm Circle @ LTM 5:30p-6:30p	<u>14th</u> Friday Night Happening <i>Guided Paint</i> <i>Night</i> @ LTM 6:00p-8:00p	<u>15th</u> Saturday Activity <i>Ropes Course</i> @ Gordon College 11:00a-2:00p

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